

CALL FOR PROPOSALS

Dear Colleagues,

The theme of the coming 2026 TA Research Conference is:

"Toward Evidence-Based Transactional Analysis: past, present, future".

Date: 11-13 December 2026, Rome, Italy

The concept of Evidence Based Practice (EBP) is gaining more and more importance in Europe, in any field related to human development, including health and mental health, skills development, work environments, and education at all ages.

Integrating practice and research supporting the outcomes and the process is becoming a standard in any field of application of TA psychological theory.

Over the last decades, we have seen a shift toward three main models of integration between research and practice.

The first model, theory-driven practice, was based on theory, and any practitioner in any field could write an article or a book and propose a theory and practice for an intervention.

The second model, disorder-driven practice, was based on developing structured interventions for specific problems in various fields: for example, depressive disorders in psychotherapy, life goals in counselling, burnout in organizations, and student-teacher wellbeing in education. During this period, in health systems, the tradition of Empirically Supported Treatments (EST) developed, and lists of treatments were made available and became reimbursable for more prevalent disorders.

The third model, Evidence-Based Practice, developed above all in health care, and connected the EST to the expert judgment of the clinicians and to the preferences of the patients, developing Evidence-Based treatments. TA recently developed a treatment manual that is in line with the requirements of EBP.

Today, we are entering a fourth model of integration between practice and research, named Practice-Based Evidence, including the participant-driven approach, where the focus is on patient-tailored interventions. The evaluation of intervention quality is based on feedback from the practitioner/professional and the client/patient/user, collected in a structured manner, often through the use of databases that allow analysis of intervention quality and outcomes, and the identification of areas for improvement in both theory and methodology.

This way of integrating research and practice brings to the creation of Practitioner-Researcher Networks and, in the case of health care, to the development of Learning Health Systems.

Whatever has been written and done in TA since Berne may fall within one of the four models.

The conference is intended to be a learning environment where experiences made in any country can be shared, to enrich participants and to stimulate the development of TA theory, applications, and research in any field of application.

We are looking forward to receiving proposals in the Transactional Analysis fields of Psychotherapy, Counselling, Education, and Organization.

IN-PERSON AND ONLINE CONFERENCE

To facilitate the inclusion of participants and lecturers from any country, the conference will be in hybrid format, parallel and concurrent.

Parallel means that there will be concomitant presentations both in-presence and online in the same slot of time, thus it will not be possible to be present to all the presentations made in-person and online.

Concurrent means that both in-person and online participants will have to choose between parallel presentations and will have to select which to attend and which don't.

Participants may choose between in-person or online registration.

Lecturers may choose between in-person or online registration.

Participants who choose in-person registration will be able to attend all parallel and concurrent in-person presentations and all parallel and concurrent online presentations. As the presentations are parallel and concurrent, participants will not be able to attend all of them simultaneously.

Participants who choose online registration will be able to attend some of the in-person presentations (keynote speeches, plenary sessions, the most cutting-edge presentations that will take place in Room 1 and Room 2 of 10 parallel rooms) and to all online parallel and concurrent presentations.

Lecturers who choose in-person registration will present their lectures in one of the 10 rooms.

The most important lectures will be held in Room 1 and 2 and will be recorded, and the link will be made available for a few months to both in-person and online participants. Lecturers who choose online registration will present their lectures online via Zoom. All the online presentations will be recorded, and the link will be made available for a few months to both in-person and online participants.

For example, at day x at 11 a.m, there may be an in-person event in the room 1 (broadcast also online and recorded for all participants), an in person event in the room 2 (same as room 1), other parallel events in Rooms 3–10 (not broadcast or recorded), and an online event accessible via Zoom, broadcast and recorded for all participants.

We welcome proposals within any of the four models mentioned above:

theory-driven, problem/disorder-driven, Evidence-Based Practice,
and Practice-Based Evidence.

We welcome proposals on theory development, intervention development, manualization of interventions, empirically supported treatments, evidence-based models, development or validation of instruments for quantitative and qualitative data analysis, reflections on national and supranational laws and guidelines that influence the TA training, supervision and practice in any field, models for developing collaboration between TA and universities or research institutes, development of Practitioner Research Networks and Learning Health Systems.

The conference will include keynote speeches, workshops, panels, posters, structured discussions, both in-person and online.

Keynote speeches: Eminent experts in TA and research will be invited to present the state of the art of the integration between practice and research.

Oral Presentation: Brief papers are 15-minute presentations about your project, with additional time allotted for discussion. Presentations will be grouped by topic in 60-or 90-minute sessions with a moderator. The total duration for each presentation, including discussion, will be maximum 30 minutes.

Workshops: they are scheduled for 90 minutes and aim to:

1. Provide training in specific areas of psychotherapy/ educational/ counselling/ organization research, different kinds of methods in research or data analysis in psychotherapy/ educational/ counselling/ organization fields;
2. Describe assessment, treatment or training methods that improve an exchange between TA application- and research fields. The total number of workshops will be limited.

Panels: Panels should include 3-4 presentations centered on a shared theme, along with a designated discussant. We strongly encourage diverse and inclusive panels that bring together contributors from different research groups, as these tend to attract larger audiences. Including a discussant who offers either a clinical or research perspective aligned with the conference theme is also recommended. Each panel will run for 60–90 minutes and must allocate at least 15 minutes for audience discussion. The panel organizer will serve as the session moderator and is responsible for submitting the complete session proposal, including the panel overview and abstracts for all included papers. For each presenter, the organizer must provide the abstract, the names of the authors and co-authors, institutional affiliations, and email contact details.

Posters: presentations that showcase original research, innovative methodologies, preliminary findings, or practice-based insights relevant to the conference theme. Poster sessions provide an interactive forum for authors to engage directly with attendees, encourage discussion, and receive feedback from a broad and multidisciplinary audience. Posters should clearly present the objectives, methods, key results, and implications of the work.

All accepted posters will be displayed during designated poster sessions, during which authors are expected to be present to discuss their work with participants. Posters should be sized at approximately 24 × 36 inches (61 × 91 cm). For virtual display and short online presentations, posters must also be provided -in PDF format.

Structured discussion: Structured discussions offer a forum for interactive group dialogue on a specific topic relevant to the field. Sessions will last 60 to 75 minutes and should feature short position statements (up to 5 minutes each) from designated discussants to encourage active audience engagement. The session will be moderated by the organizer, who is responsible for submitting the abstract and proposing the name of the interested participants.

The topic of interest will be inspired by the four models of integration:

- Experiences in developing TA as a Theory-Driven practice
- Experiences developing TA as a Disorder-Driven practice
- Experiences in developing TA as an Evidence Based Practice
- Experiences in developing TA as a Practice-Based Evidence and Participant-Driven Practice.

Based on the volume of submissions and potential scheduling limitations, the program committee may ask authors to switch the format of their presentation (for example, from an oral presentation to a poster).

ABSTRACT

Abstracts should concisely describe the proposed contribution and its relevance to the conference theme.

Submissions must follow a structured format (300 words maximum) and include:

background and objectives, methods or approach, key findings or expected outcomes, and conclusions and/or implications.

The abstract should highlight the originality and significance of the work and be written in clear, accessible language for a broad audience.

Each submission must include a title and complete author information, as outlined in the submission guidelines.

For panels, the abstract of each intervention (3 or 4) should be included.

Please note that a separate proposal submission is required for each presentation.

It is possible to submit a contribution to the conference until May 15 2026.

By May 31 2026, you will receive an email informing you whether your contribution has been accepted, declined, or if any additional information is required.

With your proposal submission, please upload into the platform (dedicated area to upload those files):

1. your professional picture (for the program print & web)
2. references or bibliography relative to your workshop in a PDF or Word document

By submitting the abstract, you consent to the publication of the data if the contribution is accepted.

Warmly,

EATA research conference Scientific committee

message sent by:

info@eataconference2026.org